



**RULES OF THE
INTERNATIONAL CHARITY RUN
"TYUMEN LEGAL RUN 2019"
IN FAVOR OF THE
"GIFT OF LIFE" FOUNDATION**

LOCATION, TIME, AND DISTANCE OF THE RUN

Date and time: May 25, 2019, from 09:00 to 13:00.

Location: Tyumen, Park "Zatyumenskij", Barnaulskaya st.

The Run program includes the following distances (with timing).

- 1km run;
- 4,5km run.

Time limit for the 1km distance – 15 minutes.

Time limit for the 3km distance – 40 minutes.

RUN PROGRAM

09:15	Opening the start/finish camp; registration of the participants for the 1km and 4,5km distances; opening the locker rooms
10.15	Closing registration of the participants for the 1km and 4,5km distances, welcome speech
10:30-10:45	Mass start for the 1km (men)
10:45	Closure of the 1km distance (men)
10:50-11:05	Mass start for the 1km (women)
11:05	Closure of the 1km distance (women)
11:15-11:55	Mass start for the 4,5km (women/men)
11.55	Closure of the 4,5km distance (women/men)
12:00-12:45	Summing up the results, award ceremony
12:45	Official closure
12:45-13:00	Opening ceremony, music performances, sports entertainment
13:00	

REGISTRATION OF RESULTS

The winners and medalists of the Run distances are determined by the fact of crossing the Finish Line in accordance with section № 165.24 IAAF.

The result log will be available online on the official website of the Run at <http://legal.run>

GENERAL TERMS AND CONDITIONS

The Run is open to all those wishing to participate aged from 18 and over who have transferred the entry charity fee to the "Gift of Life" foundation. Every person who is given a number on the day of the Run is considered as a Participant of the Run.

The total number of the participants of the Run is limited for both distances to 150 (one hundred fifty) people. The maximum number of participants at a distance of 1 km is 60 persons (men) and 60 persons (women), at a distance of 4,5 km (mass start for men and women - 80 people).

PREPARATION AND RUNNING

Preparation and Running in Tyumen is carried out by the Union "West Siberian Legal Chamber" represented by SM Shatokhin, SV Mataev, Ye. V. Chervyakova, Zh. V. Matveeva, T. AT Palamarchuk. (hereinafter referred to as the "Organising Committee" or the "Organisers"). The Judges are approved by the Organising Committee.

The Organising Committee approves the current Rules of the Run and, where necessary, is authorized to amend and restate them without prior approval of the Run participants.

The duties of the Organising Committee are limited to the following:

- Registration of the participants on the website at <http://legal.run>
- Approve of the Run location and distance by the local administration
- Arranging refereeing and recording of the results
- Arranging medical assistance during the Run and any other actions contemplated by the "Participant Package" as specified in the Run Rules.

REGISTRATION

Registration of the Participants is available online at <http://legal.run>. The registration starts on 5 April 2019 and finishes on 25 May 2019, or when the total limit of 150 Participants is reached.

A registration number and the Participant's package are provided on the day of the Run (24.05.2019).

Registration is not available on the day of the Event!

The registration charitable fee (hereinafter referred to as the "fee") is 500 rubles (five hundred rubles) for both distances. Payment of the fee by the participants of the run is made by submitting a payment form on the website of the charity "Gift of life" at the moment of registration at <http://legal.run>

Registered person is considered to have applied online and paid the fee. A person who has been given a starting number on the day of the Run is recognized as a Participant in the Run.

If you refuse to register and / or participate in the Run, you shall not be entitled to refund the contribution. Re-registration to another person is not allowed.

On receipt of a number, the participant must sign the Application, according to which he / she completely removes from the Organisers responsibility for the possible harm to health caused to him / her during the Run. The application form will be provided by the Organisers. Foreign citizens are advised to have a medical insurance covering participation in sports activities.

AWARDS

Awards at a distance of 1km for men and women:

- Men: 1-3 places;
- Women: 1-3 places.

The winners receive cups from the organisers and partners of the Run.

All the finishing runners receive medals and Legal Run T-shirts.

Awards at a distance of 4,5km for men and women:

- Men: 1-3 places;
- Women: 1-3 places.

The winners receive cups from the organisers and partners of the Run.

All the finishing runners receive medals and Legal Run T-shirts, subject to 1km participants.

The organisers welcome athletes in specially prepared original costume, appropriate to the atmosphere of the event.

The most original costume will be awarded by the organisers with a special prize "The Best Costume".

PARTICIPANT'S PACKAGE

At the start line:

- breastplate start number
- men's locker room, women's locker room

During the run:

- water
- medical assistance at the start / finish
- 1km and 4,5km timing (finish record)

At the start/finish line:

- water, toilets

At the finish line:

- Legal Run T-shirt

- Legal Run medal
- Email with personal result

DISQUALIFICATION

Judges shall disqualify the Participants in the following circumstances:

- the participant ran under the registered number of another runner;
- the participant reduced the distance;
- the participant ran a distance without registration;
- the participant used an improvised means of transportation;
- the participant started the run before the official start;
- the participant started the run after closing of the start zone;
- the competitor ran to the finish after the closing of the finish zone;
- the participant commenced the run not from the start zone;
- the participant ran without a breastplate starting number.

INFORMATION

Full information about the Event is available online at <http://legal.run>.

The Organising Committee is not responsible for information published on other websites.

These Rules may be amended or terminated unilaterally by the Organising Committee without any notice to the Participants.

THE RULES CONSTITUTE THE INVITATION TO REGISTER FOR THE RUN

LOOKING FORWARD TO RUNNING TOGETHER!

